



SERVICE LIST

2024



the
METABOLIC
FEMALE

www.themetabolfemale.co.uk

ALL TREATMENTS ARE CARRIED OUT SUBJECT TO MEDICAL CONSULTATION AND APPROVAL



OH HEY THERE, I'M EMMA.

I help women fall back in love with their skin.

I do this through advanced skin care treatments and facial aesthetics, tailoring every treatment plan to your individual skin's requirement to achieve the best RESULTS.

I'm committed to providing safe and effective treatments utilising the latest tested technologies, combination therapies, and medical-grade skin care products to achieve optimal, natural-looking results.

I look forward to meeting you and helping you to feel confident in your own skin.

Emma



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METABOLIC PACKAGES

POPULAR TREATMENTS



ANTI WRINKLE TREATMENT

Botulinum Toxin is a treatment predominantly used for the softening and smoothing of expressive lines, such as those on the forehead, frown lines and crow's feet.

STARTING FROM **£150**



PRF VAMPIRE FACIAL

A natural treatment that uses platelets from your own blood to completely regenerate the skin. Maximize collagen and elastin production and bring back youthfulness and brightness to the skin.

STARTING FROM **£175**



SEVENTY HYAL[®] SKIN BOOSTER

Dramatically improves hydration within the skin for a rejuvenated, glowing appearance. If your skin goal is to GLOW, then this groundbreaking treatment is for you.

STARTING FROM **£145**

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SERVICE OVERVIEW

SKIN REJUVENATION TREATMENTS



SPECIALISING IN ADVANCED NON-SURGICAL TREATMENTS TO ENHANCE AND REJUVENATE THE SKIN

About The Metabolic Female

I offer a wide range of advanced skin treatments and hormone testing from my private clinic in Wellington, Somerset. Following an initial consultation, a bespoke approach to your treatment will ensure you receive a plan perfect for your needs, expectations, and affordability.

Fully licensed, accredited & insured, you can rest assured that you are in the safest hands.

Cancellation and Deposit Policy

A deposit of £60 for anti-wrinkle treatments and £30 for all other procedures secures your appointment; the remaining balance is due on the day of treatment.

All deposits are strictly non-refundable. I require 48 hours notice to rearrange your appointment to transfer your deposit to new appointment. Appointments changed less than 48 hours notice will be charged the the deposit as cancellation fee.

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SKIN CONSULTS

PERSONALISED SKINCARE ADVICE



TAKE THE HASSLE OUT OF CHOOSING THE RIGHT SKINCARE REGIME FOR YOUR SKIN!

I believe knowledge is power, and I want to share it with you! I want all of my clients to have a broad understanding of how best to nourish and manage their skin every day.

It is essential to understand what type of skin you have and what you are putting on the skin and why, AND how to treat any specific skin concerns and conditions long-term.

Skin consults are just £45 and can be booked by heading to: themetabolicfemales.co.uk/skinconsultation

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SKIN REJUVENATION TREATMENTS

CHEMICAL PEELS

Used to improve and smooth the texture of the skin, peels are a fantastic treatment for all but particularly beneficial for acne sufferers, sun damage, & fine lines.

SWEET ENHANCE FACIAL | £80

Hydrating resurfacer, perfect for dull, dry, ageing, dehydrated skin.

MANGO BRIGHT RESURFACER | £80

Best for hyperpigmentation, uneven skin tone, & hormonal breakouts.

MODIFIED JESSNER PEEL | £80

An all-inclusive peel for stubborn acne management.

FILLMED BRIGHT PEEL | £85

Targeting pigmentation, fine lines, and wrinkles. Improves skin quality.

BioRePeel | £90 | 3 for £255

Improve skin tone and texture, fine lines, wrinkles, and pigmentation.

MICRONEEDLING

Also known as collagen induction therapy, microneedling treats wrinkles, fine lines, scars, and pigmentation. A fantastic treatment for skin rejuvenation

MESOTHERAPY + NEEDLING | £90

Using a cocktail of mesotherapy targeted to skin type/needs.

BioReNeedling | £110 | 3 for £310

Improve skin tone, texture, fine lines, wrinkles, and pigmentation.

FILLMED® BRIGHT PEEL + NCTF | £130

It leaves the skin glowing, radiant, and looking more youthful.

MICRONEEDLING with PRF | £150

Regenerate skin from within using Platelet-Rich Fibrin (PRF) from your own blood

TMF BOTOX GLOW FACIAL | £160

The ultimate skin treatment for airbrushed, glowing-looking skin

UNDER EYE TREATMENTS

Revitalize delicate eye area with these groundbreaking treatments.

Beautif-EYE OR Lumi Eyes

Refresh tired eyes, rewind time on fine lines & wrinkles, and reduce dark circles. **£140 | 3 for £405**

PRF UNDER EYE | TEAR TROUGH

A natural alternative to filler. Improves the appearance of dark circles and hollowness under the eye **£150 | 2 for £290**

LIP TREATMENTS

LIP FILLER | from £180

Using dermal filler to increase the volume of your lips

Seventy Hyal® Lips | £130

Hydrate and volumise your lips with this award winning skin booster

PRF PLASMA LIPS: £150 | 2 for £290

The natural alternative to lip filler

BOTOX LIP FLIP | £80

Can make your lips appear fuller.

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SKIN REJUVENATION TREATMENTS

ANTI-WRINKLE TREATMENTS

Botulinum Toxin is a prescription-only medicine (POM) that is predominantly used to soften and smooth expressive lines, such as those on the forehead, frown lines, and crow's feet.

One area | crows feet: **£150.00**

Two areas: **£190.00**

Three areas: **£250.00**

Just a sprinkle: **from £120**

The above prices include:

- Prescriber consultation
- Prescription fee
- 2-week review appointment

PRF VAMPIRE FACIAL

A treatment involving the use of your body's own platelets. It works by stimulating your skin and subcutaneous tissues, helping eliminate fine lines and wrinkles.

Best for extreme anti-ageing. Truly transformational results!

VAMPIRE FACIAL with PRF

Completely regenerate your skin using platelets from your own blood. PRF (Platelet-Rich Fibrin) can also be used as a natural filler for lips, nasolabial folds, marionettes & under eye area.

ONE VILE - £175

TWO VILES - £195

ADVANCED TOXIN TREATMENTS

Botulinum Toxin is used in the lower face to treat several areas;

TINKERBELL NOSE TIP | £80

Treatment to lift the tip of the nose.

BUNNY LINES | NASAL LINES | £80

Reduces excessive wrinkling of the nose and eradicates lines -

DOWNTURNED MOUTH | £80

Turn the corners of the mouth upwards & pull the jowl area up.

GUMMY SMILE | £80

Treatment to reduce the amount of gum shown when smiling.

LIP LINES | LIP FLIP | £80

Make your lips appear fuller & reduce the severity of lip lines.

PEBBLED | COBBLED CHIN | £80

Reduces the dimpled/orange peel appearance of the chin.

JOWL LIFT | £120

Produces a subtle lift to jowl area creating a more youthful profile.

LOWER FACE LIFT | £190

Includes treatment of the jowls, downturned mouth and chin.

TEETH & JAW GRINDING | £190

Stop excessive teeth grinding (bruxism) & jaw clenching.

'NEFERTITI' NECK LIFT | £290

Targets the neck and jawline for a rejuvenating and lifting effect.

HYPERHIDROSIS (UNDERARM) | £350

Combats underarm sweating.

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SKIN REJUVENATION TREATMENTS

DERMAL FILLER

Dermal filler injections are a nonsurgical cosmetic procedure used to plump up wrinkles and smooth lines and restore volume loss in your face.

LIP FILLER | CLASSIC or RUSSIAN from £180

Lip augmentation is a cosmetic procedure that can give you fuller and plumper lips. In addition to fuller lips, the procedure can help create definition and symmetry for uneven lips and an enhanced Cupids Bow.

NASOLABIAL FOLDS | from £180

Plumping the indentation lines on either side of the mouth that extends from the outer edge of the nose to the mouth's outer corners.

MARIONETTE LINES | from £180

Marionette lines occur with age, smoking, and genetics. Filler can be used to improve marionette lines and folds by adding volume. This helps to structure the mouth by uplifting the corners.

SMOKERS LINES | £180

Smokers lines develop around the mouth because of puckering of the lips. Filler can be used to soften lip line and decrease the appearance of smokers lines.

LIQUID RHINOPLASTY | £180

A non-surgical nose job, also known as a "liquid nose job," is a cosmetic procedure that uses dermal fillers to reshape the nose without the need for surgery. A 2-week top up is required.

CHEEK FILLER | from £180

Enhance the natural contour of the cheeks, create a contour where little definition is present, or create a fuller appearance of the cheeks.

JAWLINE FILLER | from £180

Enhance the natural contour of the jaw, create a contour where little definition is present, create the appearance of a slimmer face

CHIN AUGMENTATION | from £180

Create a more defined side profile, reduce the appearance of slackening/double chin, or to fill a cleft chin.

CONTOUR PACKAGES | £ PER ML

Lips | Nose | Chin | Cheeks |
Nasolabial Folds | Marionettes

This treatment uses filler to improve facial proportion and definition.

2.2 ml - £240

3.3 ml - £330

4.4ml - £420

5.5ml - £510

6.6ml - £600

***NB** a complimentary consultation is required to determine whether you're a suitable candidate for Dermal Fillers.

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SKIN REJUVENATION TREATMENTS

FAT DISSOLVE INJECTIONS

LEMON BOTTLE® is the strongest and fastest fat dissolver in the industry. This treatment is completely safe, and shows results from 24 hours. Unlike other fat dissolvers, Lemon Bottle is virtually painless, there is minimal downtime, and most importantly minimal swelling afterwards. The unique formula combines powerful ingredients to destroy fat cells and promote efficient excretion from the body.

CHIN AREA | £90

UPPER/LOWER ABDOMEN* | from £120

FULL STOMACH* | £200

BINGO WINGS | BRA STRAP | £120

INNER OR OUTER THIGH | from £140

LOVE HANDLES* | from £160

*Any abdominal areas requires a 6 hours fast prior and 6 hours after

NECK TREATMENTS

If sagging skin around your neck (aka turkey neck) is a concern, then these treatments are for you.

Bio Nutri-Neck £160 | 3 for £450
Revitalise your neck by restoring & correcting visible signs of ageing.

'NEFERTITI' NECK LIFT | £290
Advanced botox treatment targeting the neck and jawline for a rejuvenating and lifting effect.

SKIN BOOSTERS

Injectable hyaluronic acid treatment that stimulates significant collagen and elastin synthesis to correct the effects of skin ageing by restoring skin quality and volume as well as reducing fine lines and wrinkles.

Best for hydration & anti-ageing.

FILLMED® Beautif-EYE

Refresh tired eyes, reduce dark circles, and rewind time on fine lines & wrinkles **£140 | 3 for £390**

FILLMED® Bio Nutri-Neck

Restore and correct visible signs of ageing of the neck. **£160 | 3 for £450**

Seventy Hyal® Face, Neck or Décolletage

Dramatically improves hydration within the skin for a rejuvenated, glowing appearance. **2 for £260**

Seventy Hyal® Maintenance Treatment

Top up every 6-12 months. **£130**

Revs Pro® Face, Neck or Décolletage

The glow of Seventy Hyal® with the strength of Profhilo®. **2 for £320**

Revs Pro® Maintenance Treatment

Top up every 6-12 months. **£160**

Profhilo® Face, Neck or Décolletage

An anti-ageing treatment to treat skin laxity, elasticity and firmness. **2 for £390**

Profhilo® Maintenance Treatment

Top up every 6 months. **£195**

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SKIN REJUVENATION TREATMENTS

SCLEROTHERAPY LEG VEIN REMOVAL

Sclerotherapy is a highly effective treatment for reducing the appearance of unsightly thread veins (also known as spider veins) that appear on the legs.

Treated veins tend to fade within a few weeks, occasionally it may take longer to see the full results.

Per treatment | £110
Course of 3 treatments | £300

*NB - a consultation is required to determine whether this treatment is suitable.

RADIO FREQUENCY (RF)

Radio Frequency is a non-invasive treatment that reduces the appearance of signs of ageing by firming and lifting sagging skin. During radio frequency (RF) skin tightening, an electromagnetic device generates heat to stimulate the production of collagen, elastin and new skin cells.

Per treatment | £85

**Combined Radio Frequency and
Microneedling with NCTF | £175**

ADVANCED BLEMISH REMOVAL

SKIN TAG | WHITE MOLE REMOVAL

A safe and effective method for removal of skin tags and moles.

MILIA REMOVAL

Instantly removes Milia safely and effectively from the face.

CAMPBELL DE MORGAN | CHERRY ANGIOMAS | BLOOD SPOTS

Remove unwanted Campbell de Morgan, cherry angiomas or Blood spots.

SPIDER NAEVI | TELANGIECTASIA

Removal of spider (thread) veins from the face.

*NB - a consultation is required to determine whether treatment is suitable and the individual cost.

POLYNUCLEOTIDES

Polynucleotides are bio-stimulators that REGENERATE cell growth and REPAIR the skin.

They are designed to 'wake up' aged, tired, and damaged cells, getting them to act younger and working again.

By injecting PNs directly into the skin, this treatment stimulates the production of collagen and elastin, resulting in smoother, firmer, and more youthful-looking skin.

Per treatment area | £185

*NB - a consultation is required to determine whether this treatment is suitable.

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SKIN REJUVENATION TREATMENTS

HORMONE TESTING

THYROID+ANTI BODIES BLOOD TEST

Checks TSH, free T3, and free T4 and thyroid antibodies. **£385**

MENOPAUSE BLOOD TEST

5 key biomarkers to assess your menopausal status. **£390**

ADVANCED THYROID BLOOD TEST

Advanced test to help you investigate several causes of thyroid-related symptoms. **£410**

FEMALE HORMONE BLOOD TEST

Advanced hormone profile. Includes male & female hormones + full thyroid panel. **£440**

WELL WOMAN BLOOD TEST

Includes thyroid function, female hormones, vitamins, & minerals for energy & long-term health. **£480**

THE ULTIMATE BLOOD TEST

The ultimate blood test for those transforming their bodies through diet and exercise. **£520**

DUTCH PLUS HORMONE TEST

The most advanced hormone test to identify symptoms of hormonal imbalances & HPA axis dysfunction. **£520**

The above prices include:

- Venous blood sample collection
- 2 x 1:1 Consultation
- Doctors comments

BLOOD SAMPLE COLLECTION ONLY

Venous blood sample collection to send off for analysis & testing. **£40**

HEALTH & WELLNESS

B12 INJECTIONS

£30 each | 5 for £120

BIOTIN INJECTIONS

£40 each | 5 for £180

Prices include medical approval, prescription fee, and treatment. .

TMF SIGNATURE TREATMENTS

LUXURY DERMAPLANING | £65

Removal of unwanted “peach fuzz”, mask & LED light therapy

VACUUM SUCTION & SPRAY DEEP CLEANSE FACIAL | £70

Deep cleanse, extractions, mask & LED light therapy.

Seventy Hyal® + BRIGHT PEEL | £145

Combining the power of a peel and skin boosters. £70 saving on peel!

Revs Pro® + BRIGHT PEEL | £175

Combining the power of a peel and skin boosters. £70 saving on peel!

To book your treatment call:

07860 600 798



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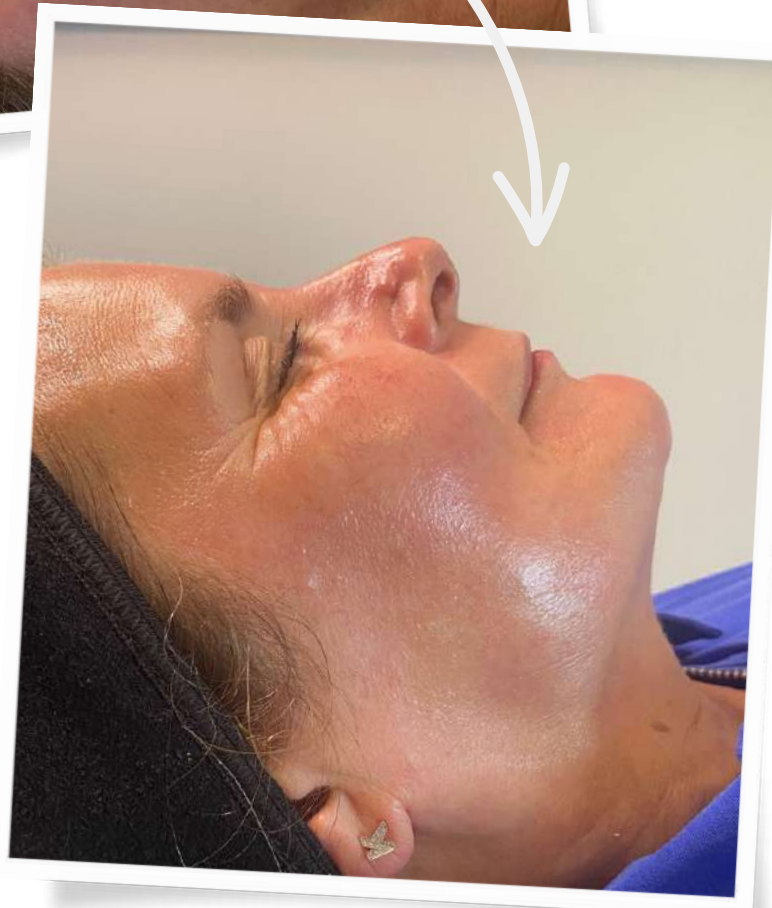
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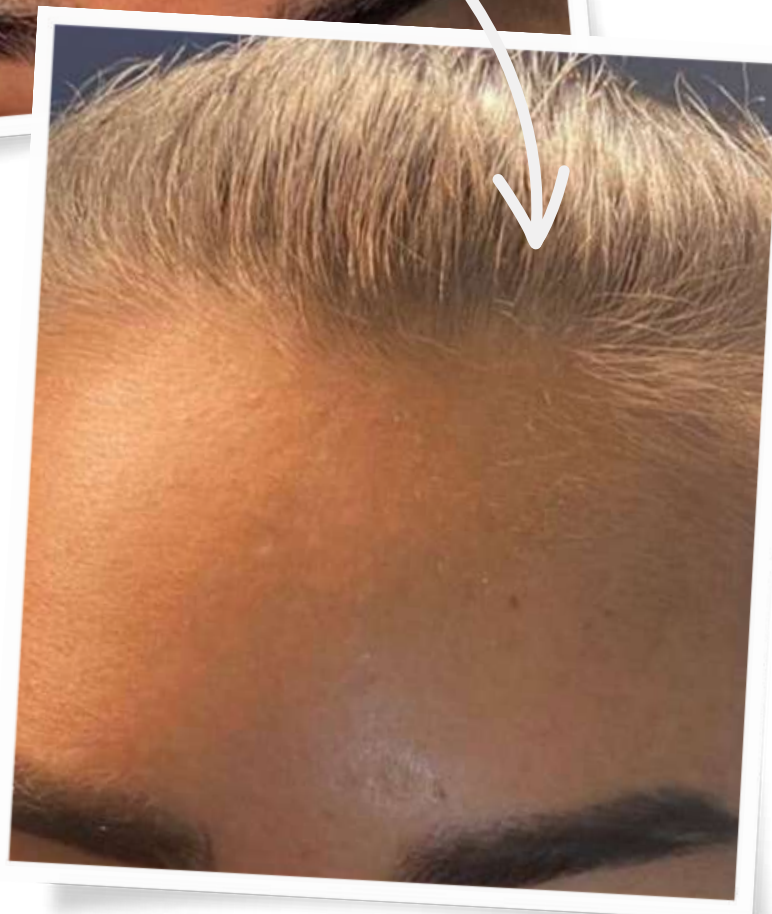
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