

SERVICE

2025





OHHEY THERE,

I help women fall back in love with their skin.

I do this through advanced skincare treatments and facial aesthetics, tailoring every treatment plan to your individual needs to achieve the best **RESULTS.**

I'm committed to providing safe and effective treatments utilising the latest tested technologies, combination therapies, and medical-grade skin care products to achieve optimal, natural-looking results.

I look forward to meeting you and helping you to feel confident in your skin. 🦮

Emma

<u>@themetabolicfemale</u>



METABOLIC FEMALE

www.themetabolicfemale.co.uk

ALL TREATMENTS ARE CARRIED OUT SUBJECT TO MEDICAL CONSULTATION AND APPROVAL





METABOLIC PACKAGES

POPULAR TREATMENTS



ANTI-WRINKIE TREATMENTS

Botulinum Toxin is a popular treatment predominantly used for the softening and smoothing of expressive lines, such as those on the forehead, frown lines and crow's feet. Advanced techniques can also treat a number of concerns, including gummy smile, downturned mouth, smokers lines and brow lift.

STARTING FROM

£150



PRF VAMPIRE FACIAL

This innovative treatment uses your own blood's natural growth factors to stimulate collagen production and tissue regeneration. Platelet-Rich Fibrin (PRF) improves skin texture, tone, and reduces fine lines and wrinkles. The results? Truly radiant skin!

STARTING FROM £175



RF MICRONEEDLING

A minimally invasive skin rejuvenation treatment that combines microneedling with radio frequency (RF) energy This dual-action treatment promotes your skin's natural ability to repair and regenerate, resulting in firmer, smoother, and more youthful-looking skin.

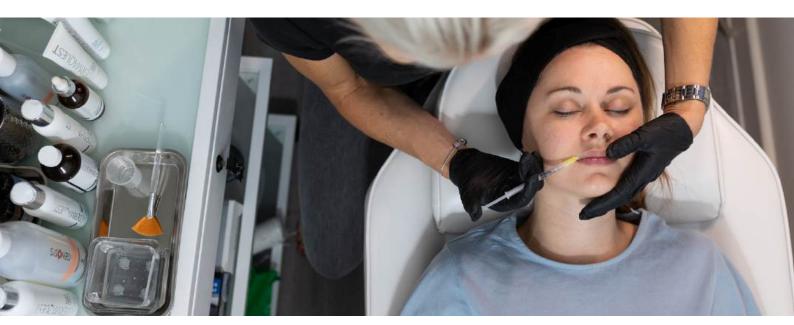
STARTING FROM £140





SERVICE OVERVIEW

SKIN REJUVENATION TREATMENTS



SPECIALISING IN ADVANCED NON-SURGICAL TREATMENTS TO ENHANCE AND REJUVENATE THE SKIN

About The Metabolic Female

I offer a wide range of regenerative skin treatments and hormone testing from my private clinic in Wellington and at Be. Laser & Skin Clinic in Taunton. Following an initial consultation, a bespoke approach to your treatment will ensure you receive a plan perfect for your needs, expectations, and affordability.

Fully licensed, accredited & insured, you can rest assured that you are in the safest hands.

Cancellation and Deposit Policy

A deposit of £60 for injectable treatments and £30 for all other procedures, including consultations, secures your appointment; the remaining balance is due on the day of treatment.

All deposits are strictly non-refundable. I require 48 hours notice to rearrange your appointment to transfer your deposit to new appointment. Appointments changed less than 48 hours notice will be charged the the deposit as cancellation fee.





PERSONALISED SKINCARE ADVICE



TAKE THE HASSLE OUT OF CHOOSING THE RIGHT SKINCARE REGIME FOR YOUR SKIN!

I believe knowledge is power, and I want to share it with you! I want all of my clients to have a broad understanding of how best to nourish and manage their skin every day.

It is essential to understand what type of skin you have and what you are putting on the skin and why, AND how to treat any specific skin concerns and conditions long-term.

Skin consults are just £45 and can be booked by heading to: themetabolicfemales.co.uk/skinconsultation



www.themetabolicfemale.co.uk

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CHEMICAL PEELS

Used to improve and smooth the texture of the skin, peels are a fantastic treatment for all but particularly beneficial for acne sufferers, sun damage, & fine lines.

SWEET ENHANCE FACIAL | £80 Hydrating resurfacer, perfect for dull, dry, ageing, dehydrated skin.

MANGO BRIGHT RESURFACER | £80
Best for hyperpigmentation, uneven skin tone, & hormonal breakouts.

MODIFIED JESSNER PEEL | £80 An all-inclusive peel for stubbo

An all-inclusive peel for stubborn acne management.

FILLMED® BRIGHT PEEL | £85

Targeting pigmentation, fine lines, and wrinkles. Improves skin quality.

BioRePeel | £90

Improve skin tone and texture, fine lines, wrinkles, and pigmentation.

UNDER EYE TREATMENTS

Beautif-EYE Treatment | £140

Refresh tired eyes, rewind time on fine lines & wrinkles, & reduce dark circles.

Polynucleotides Under-Eye | £160

Reduce dark under-eye circles, smooth crow's feet, fine lines, hollows and puffiness beneath the eyes.

PRF Under-Eye Treatment | £175

A natural alternative to filler. Improves the appearance of dark circles and hollowness under the eye.

MICRONEEDLING

Also known as collagen induction therapy, microneedling treats wrinkles, fine lines, scars, and pigmentation. A fantastic treatment for skin rejuvenation.

BioReNeedling | £110

Improve skin tone, texture, fine lines, wrinkles, and pigmentation.

FILLMED® BRIGHT PEEL + NCTF | £130

This powerful combo leaves the skin glowing, radiant, and more youthful.

MICRONEEDLING with PRF | £150

Regenerate skin from within using Platelets (PRF) from your own blood.

NEEDLING with EXOSOMES | from £150

Enhance skin tone and texture, and reduce fine lines and wrinkles.

METOX GLOW FACIAL* | £180

Combining the power of NCTF & Botulinum Toxin for the ultimate glow.

LIP TREAMENTS

LIP FILLER | from £180

Using dermal filler to increase the volume of your lips.

Skinbooster Lips | £130

Hydrate and add subtle volume to your lips without the use of filler.

PRF PLASMA LIPS: £175

The natural alternative to lip filler.

BOTOX LIP FLIP | £80

Can make your lips appear fuller.





RADIO FRENQUENCY (RF) MICRONEEDLING

A minimally invasive skin rejuvenation treatment that combines Radio Frequency and Microneedling. This dual-action treatment promotes your skin's natural ability to repair and regenerate, resulting in firmer, smoother, and more youthful-looking skin. RF Microneedling effectively addresses:

- Skin laxity
- Fine lines & wrinkles
- Acne scarring
- Hair loss
- Stretch marks

SCALP | £140
ACNE SCARS | £200
SKIN TIGHTENING FACE | £200
DECOLLETAGE | £200
STRETCH MARKS | POC*
BODY SKIN TIGHTENING | POC*

*Price On Consultation

SCULPTRA | RADIESSE

Sculptra & Radiesse are powerful biostimulators that rebuild your skin's foundation. They help to improve sagging, dull, and loose skin, making it firmer, fuller, and more youthful. While primarily used for mid and lower face lifting, they are also highly effective for rejuvenating the neck, décolletage, and hands.

Ideal for clients who prefer to avoid traditional filler treatments.

Per treatment | £375

SKIN BOOSTERS

Injectable hyaluronic acid treatment that stimulates significant collagen and elastin synthesis to correct the effects of skin ageing by restoring skin quality and volume as well as reducing fine lines and wrinkles.

Best for hydration & anti-ageing.

FILLMED® Beautif-EYE | £140

Refresh tired eyes, reduce dark circles, and rewind time on fine lines & wrinkles.

FILLMED® Bio Nutri-Neck | £160

Restore and correct visible signs of ageing of the neck.

Seventy Hyal® Face, Neck, Décolleté | £130

Dramatically improves hydration within the skin for a rejuvenated, glow

Revs Pro® Face, Neck, Décolleté | £160 The glow of Seventy Hyal® with the strength of Profhilo.

Profhilo® Face, Neck, Décolleté | £195 An anti-ageing treatment to treat skin laxity, elasticity and firmness.

Profhilo Structura | £350

A cutting-edge treatment designed to restore facial volume and redefine facial contours. It restores volume and natural contours that are often lost due to ageing.

*2-3 treatments are initially required, followed by maintenance treatments every 6-9 months





SCLEROTHERAPHY I FG VFIN REMOVAL

Sclerotherapy is a highly effective treatment for reducing the appearance of unsightly thread veins (also known as spider veins) that appear on the legs.

Treated veins tend to fade within a few weeks, occasionally it may take longer to see the full results.

Per treatment | £110 Course of 3 treatments | £300

*NB - a <u>consultation</u> is required to determine whether this treatment is suitable.

ADVANCED BLEMISH REMOVAL

SKIN TAG | SEBORRHEIC KERATOSIS | WHITE MOLE REMOVAL

A safe and effective method for the removal of skin tags, white moles & seborrheic keratosis.

MILIA REMOVAL

Instantly removes Milia safely and effectively from the face.

CAMPBELL DE MORGAN | CHERRY ANGIOMAS | BLOOD SPOTS

Removal of Cambell de Morgan, cherry angiomas or blood spots.

SPIDER NAEVI | TELANGIECTASIARemoval of spider (thread) veins from the face.

*NB a <u>consultation</u> is required to determine suitability and cost.

RADIO FREQUENCY (RF)

Radio Frequency is a non-invasive treatment that reduces the appearance of signs of ageing by firming and lifting sagging skin. During radio frequency (RF) skin tightening, an electromagnetic device generates heat to stimulate the production of collage, elastin and new skin cells.

Per treatment | £85 Add dermaplanning | £110 Add FILLMED® Bright peel | £120

Combined Radio Frequency and Microneedling with NCTF | £175

POLYNUCLEOTIDES

Polynucleotides (PNs') are biostimulators that REGENERATE cell growth and REPAIR the skin from within improving OVERALL skin health.

They are designed to 'wake up' aged, tired, and damaged cells, getting them to act younger and working again.

By injecting PNs' directly into the skin, it stimulates the production of collagen and elastin, resulting in smoother, firmer, and more youthful-looking skin.

PN's Under-Eye | £160 PN's 2ml Vile | £195 PN's combined with HA | £195





ANTI-WRINKLE TREATMENTS

Botulinum Toxin is a prescriptiononly medicine (POMs) that is predominantly used to soften and smooth expressive lines, such as those on the forehead, frown lines, and crow's feet.

One area | crows feet: £150.00

Two areas: **£190.00**Three areas: **£250.00**

Surcharge for male clients: **+£25**

The above prices include:

- Prescriber consultation
- Prescription fee
- 2-week review appointment

PRF VAMPIRE FACIAL

Completely regenerate your skin using platelets from your own blood! Designed to treat the early signs of ageing and hair loss, Platelet-Rich Fibrin (PRF) is an excellent option excellent option for anyone who wants to improve the quality of their skin naturally.

The results? Truly radiant skin!

VAMPIRE FACIAL with PRF

PRF is the next generation of Platelet-Rich Plasma (PRP) that can also be used as a natural filler for lips, nasolabial folds, marionettes & the delicate under eye area.

ONE VILE - £175 TWO VILES - £195

ADVANCED TOXIN TREATMENTS

Botulinum Toxin is used in the lower face to treat several areas;

TINKERBELL NOSE TIP | £80Treatment to lift the tip of the nose.

BUNNY LINES | NASAL LINES | £80Reduces excessive wrinkling of the nose and eradicates lines -

DOWNTURNED MOUTH | £80Turn the corners of the mouth upwards & pull the jowl area up.

GUMMY SMILE | £80 Treatment to reduce the amount of

gum shown when smiling.

LIP LINES | LIP FLIP | £80 Make your lips appear fuller & reduce the severity of lip lines.

PEBBLED | COBBLED CHIN | £80 Reduces the dimpled/orange peel appearance of the chin.

JOWL LIFT | £150

Produces a subtle lift to jowl area creating a more youthful profile.

LOWER FACE LIFT | £190 Includes treatment of the jowls, downturned mouth and chin.

TEETH & JAW GRINDING | £190 Stop excessive teeth grinding

(bruxism) & jaw clenching. 'NEFERTITI' NECK LIFT | £290

Targets the neck and jawline for a rejuvenating and lifting effect.

HYPERHIDROSIS (UNDERARM) | £350 Combats underarm sweating.





DERMAL FILLER

Dermal filler injections are a nonsurgical cosmetic procedure used to plump up wrinkles and smooth lines and restore volume loss in your face.

LIP FILLER | from £180

Lip augmentation is a cosmetic procedure that can give you fuller and plumper lips. In addition to fuller lips, the procedure can help create definition and symmetry for uneven lips and an enhanced Cupids Bow.

NASOLABIAL FOLDS | from £180

Plumping the indentation lines on either side of the mouth that extends from the outer edge of the nose to the mouth's outer corners.

MARIONETTE LINES | from £180

Marionette lines occur with age, smoking, and genetics. Filler can be used to improve marionette lines and folds by adding volume. This helps to structure the mouth by uplifting the corners.

SMOKERS LINES | from £180

Smokers lines develop around the mouth because of puckering of the lips. Filler can be used to soften lip line and decrease the appearance of smokers lines.

LIQUID RHINOPLASTY | from £180

A non-surgical nose job, also known as a "liquid nose job," is a cosmetic procedure that uses dermal fillers to reshape the nose without the need for surgery. A 2-week top up is required.

CHEEK FILLER | from £180

Enhance the natural contour of the cheeks, create a contour where little definition is present, or create a fuller appearance of the cheeks.

JAWLINE FILLER | from £180

Enhance the natural contour of the jaw, create a contour where little definition is present, create the appearance of a slimmer face

CHIN AUGMENTATION | from £180

Create a more defined side profile, reduce the appearance of slackening/double chin, or to fill a cleft chin.

CONTOUR PACKAGES | £ PER ML

Lips | Nose | Chin | Cheeks | Nasolabial Folds | Marionettes

This treatment uses filler to improve facial proportion and definition.

2 ml - from £240

3 ml - from £330

4 ml - from £420

5 ml - from £510

6 ml - from £600

FILLER DISSOLVE | £POC*

If you decide you'd like to dissolve your filler, I can precisely inject Hyaluronidase into the area – this is an enzyme that exists naturally in your body and breaks down filler safely and comfortably

*Price On Consultation

***NB** a <u>consultation</u> is required to determine suitability and cost.





HORMONE | HEALTH TESTING

ADVANCED THYROID TEST | £269

Get detailed insights into your thyroid function, incl. antibodies and nutrients essential for thyroid health.

MENOPAUSE BLOOD TEST | £249

Investigate whether your symptoms may be due to perimenopause, menopause, or a condition that causes menopause-like symptoms.

ADV. FEMALE HORMONE TEST | £299

Experiencing mood swings, irregular periods, weight changes, or signs of menopause? Discover if your hormone levels are normal for your stage of life.

ADV. WELL WOMAN TEST | £339

Take control of your health! This test helps you gain insights and reduce your risk of common conditions.

ULTIMATE PERFORMANCE TEST | £379

Designed for those who want to take their health and fitness to the next level, and gain deep insights into your body's performance.

The prices includes:

- Venous blood sample collection
- 1 x 1:1 Consultation
- Doctors comments

BLOOD SAMPLE COLLECTION | £45

Venous blood sample collection only.

DUTCH PLUS HORMONE TEST | £460

Identify the root causes of sex hormone & adrenal imbalances. Includes assessment of the Cortisol Awakening Response (CAR) to give further insight to HPA axis dysfunction.

HEALTH & WELLNESS

B12 INJECTIONS £30 each | 5 for £120

BIOTIN INJECTIONS £40 each | 5 for £180

Prices include medical approval, prescription fee, and treatment.

TMF SIGNATURE TREATMENTS

LUXURY DERMAPLANING | £65

Removal of unwanted ""peach fuzz", mask & LED light therapy

VACUUM SUCTION & SPRAY DEEP CLEANSE FACIAL | £75

Deep cleanse, extractions, mask & LED light therapy.

SKIN BOOSTER PEEL ADD ON | +£10

Add a peel to your skin booster treatment for £10, saving you £75!

DERMAPLANNING ADD ON | +£25

Add dermaplanning to your treatment for just £25

To book your treatment call:

07860 600 798



<u>@themetabolicfemale</u>



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LET'S GET CONNECTED

HOW TO GET IN TOUCH





WhatsApp or call: 07860 600 798



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