



# SERVICE LIST

2026



the  
METABOLIC  
FEMALE

[www.themetabolicfemale.co.uk](http://www.themetabolicfemale.co.uk)



# OH HEY THERE, I'M EMMA.

I help women fall back in love with their skin.

Through advanced skincare, facial aesthetics and wellness services, I create personalised plans tailored to you, your lifestyle and your goals, achieving natural-looking, transformative results.

With science-backed technologies, medical-grade skincare and combination therapies, I support women at every stage of their journey, whether that means navigating hormonal changes, addressing early signs of ageing or simply wanting to feel more confident.

Fully licensed, accredited and insured, I provide expert care in a safe, supportive environment. My goal is simple: to help you feel confident in your skin every day.

*Emma*



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# METABOLIC PACKAGES

## POPULAR TREATMENTS



### ANTI-WRINKLE TREATMENTS

Botulinum Toxin is a popular treatment used to soften and smooth expression lines, such as those on the forehead, frown lines and crow's feet. With advanced techniques, it can also address concerns including gummy smile, downturned mouth, smoker's lines and brow lift.

STARTING FROM **£160**

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### VAMPIRE FACIAL WITH PRF

This innovative treatment uses your own blood's natural growth factors to stimulate collagen production and support tissue regeneration. Platelet-Rich Fibrin (PRF) improves skin tone and texture while reducing fine lines and wrinkles, leaving your skin radiant and refreshed.

STARTING FROM **£180**

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### BIOSTIMULATORS: RADIESSE & SCULPTRA

Biostimulators are injectable treatments that boost your body's natural collagen and elastin production, gradually improving texture, firmness, and volume for natural-looking, long-lasting rejuvenation. They're commonly used for facial ageing, skin laxity, fine lines, and body contouring.

STARTING FROM **£350**

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# SERVICE OVERVIEW

SKIN REJUVENATION TREATMENTS



**SPECIALISING IN ADVANCED NON-SURGICAL REGENERATIVE TREATMENTS TO REJUVENATE AND ENHANCE YOUR SKIN.**

## About The Metabolic Female

I offer a wide range of regenerative skin treatments, facial aesthetics and hormone and blood testing from my private clinic in Wellington and at Be. Laser & Skin Clinic in Taunton. Following an initial consultation, I create a bespoke treatment plan designed around your needs, expectations and budget.

Fully licensed, accredited and insured, I provide complete peace of mind that you are in safe and expert hands.

## Cancellation & Booking Policy

A £60 booking fee for injectables and £30 for all other treatments (including consultations) secures your appointment, with the remaining balance due on the day.

Booking fees are non-refundable. If you need to rearrange, please give 72 hours' notice so your fee can be moved to a new date. With less than 72 hours' notice, the booking fee will be used as a cancellation charge.

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# SKIN CONSULTS

PERSONALISED SKINCARE ADVICE



## TAKE THE HASSLE OUT OF FINDING THE PERFECT SKINCARE ROUTINE FOR YOUR SKIN!

I believe knowledge is power, and I'm passionate about sharing it with you. My goal is for every client to have a clear understanding of how to nourish and care for their skin day to day.

It is important to know your skin type, understand the products you are using and why, and learn how to manage any concerns or conditions for long-term results.

Skin consultations are just £45 and can be booked here: [themetabolicfemales.co.uk/skinconsultation](https://themetabolicfemales.co.uk/skinconsultation)

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# SKIN REJUVENATION TREATMENTS

## CHEMICAL PEELS

Peels and resurfacers are designed to improve and smooth skin texture, making them suitable for most skin types and especially beneficial for acne, sun damage and fine lines.

### **Sweet Enhance Facial | £80**

A hydrating resurfacer, ideal for dull, dry, ageing or dehydrated skin.

### **Mango Bright Resurfacer | £80**

Best for hyperpigmentation, uneven skin tone and hormonal breakouts.

### **Modified Jessner Peel | £80**

A comprehensive peel designed for stubborn acne management.

### **FILLMED® Bright or Light Peel | £85**

Targets pigmentation, fine lines and wrinkles, while improving skin quality.

### **BioRePeel | £90**

Enhances skin tone and texture, fine lines, wrinkles, and pigmentation.

## MICRONEEDLING

Also known as collagen induction therapy, microneedling treats wrinkles, fine lines, scars and pigmentation, making it a highly effective treatment for skin rejuvenation.

### **BioReNeedling | £110**

Improves skin tone, texture, fine lines, wrinkles and pigmentation.

### **FILLMED® Bright Peel + NCTF | £130**

A powerful combination that leaves skin glowing, radiant and youthful.

### **Bio-Meso PDRN Microneedling | £170**

Adv. Korean treatment to regenerate and repair the skin without needles.

### **Needling with Exosomes | from £150**

Enhances skin tone and texture while reducing fine lines and wrinkles.

### **Metox Glow Facial | £230\***

Combines the benefits of HA, NCTF and Botulinum Toxin for the ultimate glow.

## UNDER EYE TREATMENTS

### **Beautif-EYE Treatment | £145**

Refresh tired eyes, rewind time on fine lines & wrinkles, & reduce dark circles.

### **Polynucleotides Under-Eye | £165**

Smooth crow's feet, fine lines, hollows and puffiness while reducing dark under-eye circles.

### **PRF Under-Eye Treatment | £180**

A natural alternative to filler that refreshes the delicate under-eye area and reduces dark circles.

## LIP TREATMENTS

### **Lip Filler | from £180**

Enhance your lips with dermal filler for a natural, fuller appearance.

### **Skinbooster Lips | £130**

Hydrate and add subtle volume to your lips without the use of filler. Ideal for special occasions.

### **Lip Flip | £80**

Strategically placed Botulinum Toxin gently lifts the lips, creating a fuller look without adding volume.

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# SKIN REJUVENATION TREATMENTS

## RADIO FREQUENCY (RF) MICRONEEDLING

A minimally invasive skin rejuvenation treatment combining radio frequency (RF) with microneedling, stimulating your skin's natural repair and regeneration. This dual-action approach firms, smooths and rejuvenates the skin, effectively addressing:

- Skin laxity
- Fine lines and wrinkles
- Acne scarring
- Hair loss
- Stretch marks

### Treatment Areas & Prices

- Scalp | £140
- Acne Scars | £200
- Skin Tightening (Face) | £200
- Décolletage | £200
- Stretch Marks | POC\*
- Body Skin Tightening | POC\*

\*POC = Price on Consultation

## SCULPTRA | RADIESSE

Biostimulators help rebuild your skin's own support structure, improving texture, firmness, and volume for natural-looking, long-lasting results. They're often used for mid and lower face rejuvenation, and they work beautifully on the neck, décolletage and hands too. A great choice if you want a natural-looking result without using filler.

**1 vile: £350 | 2 viles: £670**

Radiesse with NCTF:

**1 vile: £375 | 2 viles: £695**

## SKIN BOOSTERS

Skin boosters are injectable hyaluronic acid treatments that deeply hydrate and nourish the skin, improving texture, elasticity and radiance, enhancing skin quality from within rather than adding volume.

### **FILLMED® Beautif-EYE | £145**

Brightens and refreshes the eye area, helping to reduce dark circles while smoothing fine lines and wrinkles.

### **Seventy Hyal® | £130**

An intensive skin-boosting treatment that deeply hydrates, leaving the skin plump, refreshed, and radiant.

### **Revs Pro® Face, Neck, Décolleté | £160**

A high-strength hyaluronic acid treatment that deeply hydrates, firms and remodels lax skin, often chosen as an alternative to Profilllo®.

### **Stylage HydroMax® | £175**

A advanced mesotherapy treatment bridging skin boosters and dermal fillers, ideal for deeper wrinkles and areas with volume loss.

### **Profilllo® Face, Neck, Décolleté | £195**

A revolutionary hyaluronic acid treatment with NAHYCO® technology that firms skin, reduces laxity, and restores youthful resilience.

### **Profilllo Structura | £340**

An advanced injectable that restores facial volume and redefines contours, rebuilding natural shape and youthful definition.

**\*2-3 initial treatments, then  
maintenance every 6-9 months.**

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# SKIN REJUVENATION TREATMENTS

## SCLEROTHERAPY LEG VEIN REMOVAL

Sclerotherapy is a highly effective treatment for reducing the appearance of unsightly thread veins (also known as spider veins) that appear on the legs.

Treated veins tend to fade within a few weeks, occasionally it may take longer to see the full results.

**Per treatment | £110**  
**Course of 3 treatments | £300**

\*NB - a consultation is required to determine whether this treatment is suitable.

## RADIO FREQUENCY (RF)

Radio Frequency is a non-invasive treatment that reduces the appearance of signs of ageing by firming and lifting sagging skin. During radio frequency (RF) skin tightening, an electromagnetic device generates heat to stimulate the production of collagen, elastin and new skin cells.

**Per treatment | £90**  
**Add dermaplaning | £115**  
**Add FILLMED® Bright peel | £125**

**Combined Radio Frequency and  
Microneedling with NCTF | £175**

## ADVANCED BLEMISH REMOVAL

### **WHITE MOLE | SEBORRHEIC KERATOSIS SKIN TAGS | SEBACEOUS HYPERPLASIA**

A safe and effective way to remove skin tags, white moles, seborrheic keratosis & sebaceous hyperplasia.

### **MILIA REMOVAL**

Instantly removes Milia safely and effectively from the face.

### **CAMPBELL DE MORGAN | CHERRY ANGIOMAS | BLOOD SPOTS**

Removal of Campbell de Morgan, cherry angiomas or blood spots.

### **SPIDER NAevi | TELANGIECTASIA**

Removal of spider (thread) veins from the face.

\*NB a consultation is required to determine suitability and cost.

## POLYNUCLEOTIDES

Polynucleotides (PNs') are bio-stimulators that REGENERATE cell growth and REPAIR the skin from within improving OVERALL skin health.

They are designed to 'wake up' aged, tired, and damaged cells, getting them to act younger and working again.

By injecting PNs' directly into the skin, it stimulates the production of collagen and elastin, resulting in smoother, firmer, and more youthful-looking skin.

**PN's Under-Eye | £165**  
**PN's 2ml Vial | £195**  
**PN's combined with HA | £195**

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# SKIN REJUVENATION TREATMENTS

## ANTI-WRINKLE TREATMENTS

Botulinum Toxin is a prescription-only treatment (POM) mainly used to smooth lines on the forehead, frown, and crow's feet. It can also treat advanced areas such as treating gummy smiles, jowls, lip lines, jaw clenching, and excessive sweating.

- One area | Crow's feet: £160
- Two areas: £195
- Three areas: £250
- Male clients: +£25

### Included in the price:

- Prescriber consultation
- Prescription fee
- 2-week review appointment

## PRF VAMPIRE FACIAL

Regenerate your skin using platelets from your own blood. Platelet-Rich Fibrin (PRF) is designed to target early signs of ageing and hair thinning, making it a great choice for anyone who wants to enhance their skin quality naturally. By using your own platelets to stimulate repair from within, PRF boosts radiance and supports healthier, stronger skin.

### VAMPIRE FACIAL with PRF

PRF is the next generation of Platelet-Rich Plasma (PRP) that can also be used as a natural filler for lips, nasolabial folds, marionettes & the delicate under eye area.

**1 vile: £180 | 2 viles: £200**

## ADVANCED TOXIN TREATMENTS

Botulinum Toxin is used in the lower face to treat several areas:

### TINKERBELL NOSE TIP | £80

Treatment to lift the tip of the nose.

### BUNNY LINES | NASAL LINES | £80

Reduces excessive wrinkling of the nose and eradicates lines -

### DOWNTURNED MOUTH | £80

Turn the corners of the mouth upwards & pull the jowl area up.

### GUMMY SMILE | £80

Treatment to reduce the amount of gum shown when smiling.

### LIP LINES | LIP FLIP | £80

Make your lips appear fuller & reduce the severity of lip lines.

### PEBBLED | COBBLED CHIN | £80

Reduces the dimpled/orange peel appearance of the chin.

### JOWL LIFT | £150

Produces a subtle lift to jowl area creating a more youthful profile.

### LOWER FACE LIFT | £190

Includes treatment of the jowls, downturned mouth and chin.

### TEETH & JAW GRINDING | £190

Stop excessive teeth grinding (bruxism) & jaw clenching.

### 'NEFERTITI' NECK LIFT | £290

Targets the neck and jawline for a rejuvenating and lifting effect.

### HYPERHIDROSIS (UNDERARM) | £350

Combats underarm sweating.

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## DERMAL FILLER

**Dermal filler injections are a nonsurgical cosmetic procedure used to plump up wrinkles and smooth lines and restore volume loss in your face.**

### **LIP FILLER | from £180**

Lip augmentation is a cosmetic procedure that can give you fuller and plumper lips. In addition to fuller lips, the procedure can help create definition and symmetry for uneven lips and an enhanced Cupids Bow.

### **NASOLABIAL FOLDS | from £180**

Plumping the indentation lines on either side of the mouth that extends from the outer edge of the nose to the mouth's outer corners.

### **MARIONETTE LINES | from £180**

Marionette lines occur with age, smoking, and genetics. Filler can be used to improve marionette lines and folds by adding volume. This helps to structure the mouth by uplifting the corners.

### **SMOKERS LINES | from £180**

Smokers lines develop around the mouth because of puckering of the lips. Filler can be used to soften lip line and decrease the appearance of smokers lines.

### **LIQUID RHINOPLASTY | from £180**

A non-surgical nose job, also known as a "liquid nose job," is a cosmetic procedure that uses dermal fillers to reshape the nose without the need for surgery. A 2-week top up is often required.

### **CHEEK FILLER | from £180**

Enhance the natural contour of the cheeks, create a contour where little definition is present, or create a fuller appearance of the cheeks.

### **JAWLINE FILLER | from £180**

Enhance the natural contour of the jaw, create a contour where little definition is present, create the appearance of a slimmer face.

### **CHIN AUGMENTATION | from £180**

Create a more defined side profile, reduce the appearance of slackening/double chin, or to fill a cleft chin.

### **CONTOUR PACKAGES | £ PER ML**

Lips | Nose | Chin | Cheeks |  
Nasolabial Folds | Marionettes

This treatment uses filler to improve facial proportion and definition.

**2 ml - from £240**

**3 ml - from £330**

**4 ml - from £420**

**5 ml - from £510**

**6 ml - from £600**

**7ml - from £690**

### **FILLER DISSOLVE | £POC\***

If you decide you'd like to dissolve your filler, I can precisely inject Hyaluronidase into the area - this is an enzyme that exists naturally in your body and breaks down filler safely and comfortably

**\*Price On Consultation**

**\*NB a consultation is required to determine suitability and cost.**

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# SKIN REJUVENATION TREATMENTS

## HORMONE | HEALTH TESTING

### **ADVANCED THYROID TEST | £239**

Get detailed insights into your thyroid function, incl. antibodies and nutrients essential for thyroid health.

### **ADV. WELL WOMAN TEST | £309**

Take control of your health! This test helps you gain insights and reduce your risk of common conditions.

### **ADV. FEMALE HORMONE TEST | £249**

Experiencing mood swings, irregular periods, weight changes, or signs of menopause? Discover if your hormone levels are normal for your stage of life

### **ADV. PCOS BLOOD TEST | £369**

Helps you explore the cause of your symptoms and get doctors' advice on how your hormone levels may be affecting your health and fertility.

### **SKIN IQ TEST | £399**

Uncover the hidden factors that affect how your skin looks and feels, from hormones and stress to nutrition and inflammation

#### **The prices includes:**

- Venous blood sample collection
- 1 x 1:1 Consultation
- Doctors comments

### **BLOOD SAMPLE COLLECTION | £45**

Venous blood sample collection only.

### **DUTCH PLUS HORMONE TEST | £460**

Identify the root causes of sex hormone & adrenal imbalances. Includes assessment of the Cortisol Awakening Response (CAR) to give further insight to HPA axis dysfunction.

## VITAMIN INJECTIONS

**B12 | £30 each | 5 for £120**

**BIOTIN | £40 each | 5 for £180**

**NAD+ | from £100 per injection**

Prices include medical approval, prescription fee, and treatment.

## TMF SIGNATURE TREATMENTS

### **LUXURY DERMAPLANING | £70**

Removal of unwanted "peach fuzz", mask & LED light therapy

### **VACUUM SUCTION & SPRAY DEEP CLEANSE FACIAL | £80**

Deep cleanse, extractions, mask & LED light therapy.

### **SKIN BOOSTER PEEL ADD ON | +£10**

Add a peel to your skin booster treatment for £10, saving you £75!

### **DERMAPLANNING ADD ON | +£25**

Add dermaplanning to your treatment for just £25

To book your treatment call:

**07860 600 798**



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HOW TO GET IN TOUCH



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